




Grow Your Own
Winter
Wonderland

Carpet of Snow
Peppermint Zinnia
Cinnamon Basil



Grow Your Own
Herbs

Kit Includes:
6 soil pellets, 3 wooden stakes, 3 sets of seeds



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YOUTHMEDICAL

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instructions:

Remove cover and place underneath egg carton.

Place 1 pellet in each egg holder and add 2 tablespoons of water, wait for 10-15 minutes for the pellets to expand.

Next, stir the soil and press 3-4 individual seeds about 1/4" deep. Pinch soil to cover seeds and water again very lightly. Water daily or as needed to maintain

a moist but not soaking wet environment.

Place away from air-conditioners or cold non-insulated windows.